



Shropshire Community Health



NHS Trust

Type 2 Diabetes X-PERT Health

Would you like help to understand and
manage your diabetes better?

If so, you can now sign up to an NHS approved programme
that is FREE to anyone diagnosed with Type 2 Diabetes.

The programme takes place in venues
throughout Shropshire

Further details are available at:

www.shropscommunityhealth.nhs.uk/education-type2-diabetes

Book now to reserve a place

Telephone: 01743 277 696

Email: shropcom.xpertdiabetes@nhs.net