Northgate Health Centre, Northgate, Bridgnorth, Shropshire, WV16 4EN

Tel: 01746 767121 Fax: 01746 765433 Email: bridgnorth.medicalpractice@nhs.net www.bridgnorthmedicalpractice.co.uk



Do you look after someone who is ill, frail, disabled or mentally ill?

We are interested in identifying carers, especially those people who may be caring without help or support. We know that carers are often "hidden" looking after a family member or helping a friend or neighbour with day to day tasks and may not see themselves as a carer.

We feel that caring for someone is an important and valuable role in the community. It could be a 24-hour job or a few hours now and then. Whatever the circumstances, it can be a very demanding and isolating situation for the carer. We also feel that carers should receive appropriate support by way of access to accurate information on a range of topics such as entitlement to benefits, respite care, and not least, a listening ear when things get too much.

As a carer, you are entitled to have your needs assessed by Adult Care Services. A Carer's Assessment is a chance to talk about your needs as a carer and the possible ways help could be given. It also looks at the needs of the person you care for. This could be done separately, or together, depending on the situation. There is no charge for an assessment.

We would like to support you in your role as a carer.
So that we can do this, it would be helpful if you could complete the enclosed form and hand it in to reception.

You may also wish to ask the person you look afterto complete the enclosed form

'Consent for Sharing Information'

You will also need to sign the form, it is essential we have this should you need to contact the practice on their behalf.

Useful Contacts

<u>Resource</u>	<u>Description</u>	Contact Number
Community and Care Co-ordinator Zoe Clarke Bridgnorth Medical Practice	Information and Advice	01746 767121
Carers' Organisations in Shropshire Carers' Support Service	1 st point of contact Shropshire	
http://www.shropshire-rcc.org.uk/carers	Information advice & support.	01743 341995
Carers' Line www.carersuk.org	1st point of contact Nationwide	08088 087777
Social Services Shropshire Adult Social Care http://shropshire.gov.uk/adult-social-care/	Carers Assessment and Emergency Respite in Shropshire	03456 789044

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Are you in need of support?

Have you just come out of hospital?

Are you a carer for someone?

Do you know someone who needs help?

Are you lonely or struggling to cope?

If you need help or advice we can signpost you to someone who can help

Contact Zoe Clarke
Community and Care Co-ordinator
at
Bridgnorth Medical Practice
on
01746 767121 option 4 and then option 3
or
ask your GP or Nurse
or
enquire at reception

Day Centres / Residential Care Respite Care / Home Care / Personal Care / Equipment / Transport / Support for you as a Carer / Support for independent living / Someone to talk to and much more ...









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Name



<u>CARERS IDENTIFICATION AND REFERRAL FORM</u> (To be retained by practice when completed)

DETAILS OF CARER:

Date Of Birth		
Address		
Postcode		
Daytime tel number		
GP name & practice		
Relationship to		
patient		
		ree to my records being updated stating I am a carer of
	the	person named below.
Signature of Carer		Date:
		N BEING CARED FOR:
Na	ame	
Date Of E	3irth	
Addı	ress	
(If different from abo	ove)	
Poeto	odo	
Postcode		
Telephone Number		
(If Different From Above) GP name & practice		
Or Hame & prac	, liob	
		I agree to my records being updated stating that the
	_	above named person cares for me.
Signature of person being		Data
cared		pr's support at this time.
•		ity & Care Co-ordinator to call me

- ☐ I would like the Community & Care Co-ordinator to call me.
- □ Please pass my details to the Carers Service.
- Please refer me to Adult Care Services for a Carer's Assessment

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CONSENT FORM FOR SHARING INFORMATION

Patient's Name:		_ Date of Birth:	_
Home Address:			
Nominated Person (na	ame of person who can	share information):	
I give permission for (in	Date of birth		
to have accessto discuss my mto discuss my m		•	se
Please list any other inf nominated person	ormation below which	you DO NOT wish us to share with yo	our
to apply restrictions. W	here the permission is	wish the nominated person to have if restricted to part of the medical recorsion, and any areas of the record which	ds please
signed letter will be req	uired to cancel this arra epted. A doctor may ov	n force until cancelled by myself in wri angement and e-mail or verbal change verride this request, in the future if, in to disclose information.	es to this
Signature of Nominate	ed Person:		
Signature of Patient:			
Date:			